



PREPPING 101

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THE NEW FRONTIER

- We are standing at the edge of a New Frontier; one in which the strong and the faithful will reap the rewards of their independence*, while the “sheeple” will exist (if allowed) under the oppressive thumb of the “anoointed ones”.

** See the presentation “The Sovereign Individual is the key to a free society”.*

THE NEW FRONTIER

- The “anointed ones” hate everybody but themselves, and only tolerate our existence as long as it feeds their egos and their wallets.
- The New Frontier is not as much a geographical frontier as it is a socio-political frontier.

THE NEW FRONTIER

- The New Frontier requires the strength, determination, and resilience of the Pioneer.
- Not everyone will be ready for the New Frontier.
- The only way to resist the tyranny of the “anoointed ones” is to be strong, stand strong, and say no!

WHAT IS PREPPING?

- Being prepared!
- Prepared for what?
- What exactly does that mean?
- How do I do that?

WHAT IS “PREPARED”?

- Acknowledging and accepting uncertainty.
 - The only certainty is uncertainty.
- Becoming self-sufficient
 - Self-sufficiency creates strength and a sense of independence (self-sovereignty).
- Anticipating and being ready;
 - for unforeseen (SHTF) events or predictable consequences of socio-political instability.

PREPARED FOR WHAT?

- Short-term or long-term disruptions caused by;
 - Environmental disasters.
 - Socio-political unrest and/or collapse.
 - Financial collapse.
 - Supply collapse.
 - Infrastructure collapse.
 - War.
 - Apocalypse.

HOW DO I PREPARE?

- Develop a mindset that unforeseen events could take place that would interrupt your normal lifestyle.
- Accept, assess, plan, prepare, practice, and evaluate.
 - Choose risk scenarios that are appropriate for your personal circumstance.

The Prepping Cycle



HOW DO I PREPARE?

- **Accept**
 - Acknowledge that an emergency is possible
- **Assess**
 - Determine the risk level for your situation
- **Plan**
 - Determine how you should respond

HOW DO I PREPARE?

- Prepare
 - Collect supplies and develop skills
- Practice
 - Conduct test runs of your plan
- Evaluate
 - Continue and/or adjust your plan

THE FOUR “S” APPROACH

- Spirit
- Supplies
- Skills
- Squad

SPIRIT

- You must have your head and your heart firmly established in the prepping process.
- Faith is necessary, as it provides hope and strength.
- You need to feel comfortable with your risk scenario. Play mental challenge games.
- Strengthen your will and your faith and reliance on God.

SUPPLIES

- You should think about what you would need to survive without outside resources.
- You should think about what if your supplies run out. (2 is 1 and 1 is none)
- Keep an actual inventory of your supplies, with start dates or expiration dates. Keep it private.

SKILLS

- You must identify the skills you will need to use.
- You need to become a valuable commodity.
- **Skills**
 - Learn how to do things on your own.
 - Use your scenario games to make a list of what you need to learn and what tools you need.
- Learn needed emergency skills, and then practice them.

SQUAD

- You must develop a “squad” of allies that will be assets, not liabilities.
- Your team is your “family”. Who else would be helpful? No parasites.
- Build your squad. Talk about being prepared. Find useful supporting resources and share them.

“

Without a legitimate bond, all attempts at community will be fragmented and atomistic. Because of our modern emphasis on individualism, this is a common problem. Our ‘communities’ have lost their former molecular strength—we see families and communities that have the atomistic structural rigor of a sack full of BBs.

”

Douglas Wilson

ACCEPT



ACCEPT

- Acceptance is more than just acknowledgement.
- You must create a mindset and reinforce it.
- You must be willing to defend your decision.
- You must internalize it and make it part of your life.
- You must begin to take action.

USE RISK ASSESSMENT TO GAUGE RISK

- When faced with a SHTF situation, a calm and measured response is always best.
- Ignorance and/or fear creates panic, and panic kills.
- Knowledge, experience, and situational awareness creates confidence, and confidence saves.

RISK ASSESSMENT

- Understanding risk for a scenario.
 - Probability of occurrence. Rank from 1 to 10; 1 is a low probability and 10 is very high.
 - Severity of situation. Rank from 1 to 10, with 1 being a low impact and 10 being disastrous.
 - Prevention / mitigation. Rank from 10 to 1, with 10 meaning hard to prevent or mitigate and 1 being easy to prevent or mitigate.

RISK ASSESSMENT

- Calculate your personal risk priority number.
 - Multiply your probability, severity, and mitigation scores together to get your risk priority number (RPN).
 - Compare the RPN values of different emergency scenarios to get a sense of how you should develop your preparedness plan.
 - Use the RPN to reinforce your acceptance.

RISK ASSESSMENT EXAMPLE 1

- Situation: bad storms knock out power for one week.
 - Probability of occurrence: 4
 - Severity of situation: 5
 - Prevention / mitigation: 2
- Risk Priority Number = $4 \times 5 \times 2 = 40$

RISK ASSESSMENT EXAMPLE 2

- Situation: anarchists take out the power grid for an uncertain period of time.
 - Probability of occurrence: 2
 - Severity of situation: 8
 - Prevention / mitigation: 8
- Risk Priority Number = $2 \times 8 \times 8 = 128$

PLAN



PLANNING

- Planning is the foundation for preparation.
- Create your scenarios and envision what they would be like. Make it scary-real.
- Make an event timeline and an impact list.
- Make a list of what you will need for your team (including animals).

PLANNING

- Determine the various approaches to preparedness:
 - Shelter in place
 - Bug out short term
 - Bug out long term
 - Move to secure location

PREPARE



PREPARE

- Pray about it.
- Actually do something
 - All the acceptance and planning in the world is worthless if not put into action.
 - Scale your preparation to your personal situation and your risk assessment.

PREPARE

- Accumulate supplies
 - Needs vs. wants: don't forget about creature comforts.
 - Acquisition;
 - Cost
 - Storage
 - Preservation
 - Buy what you use and use what you buy

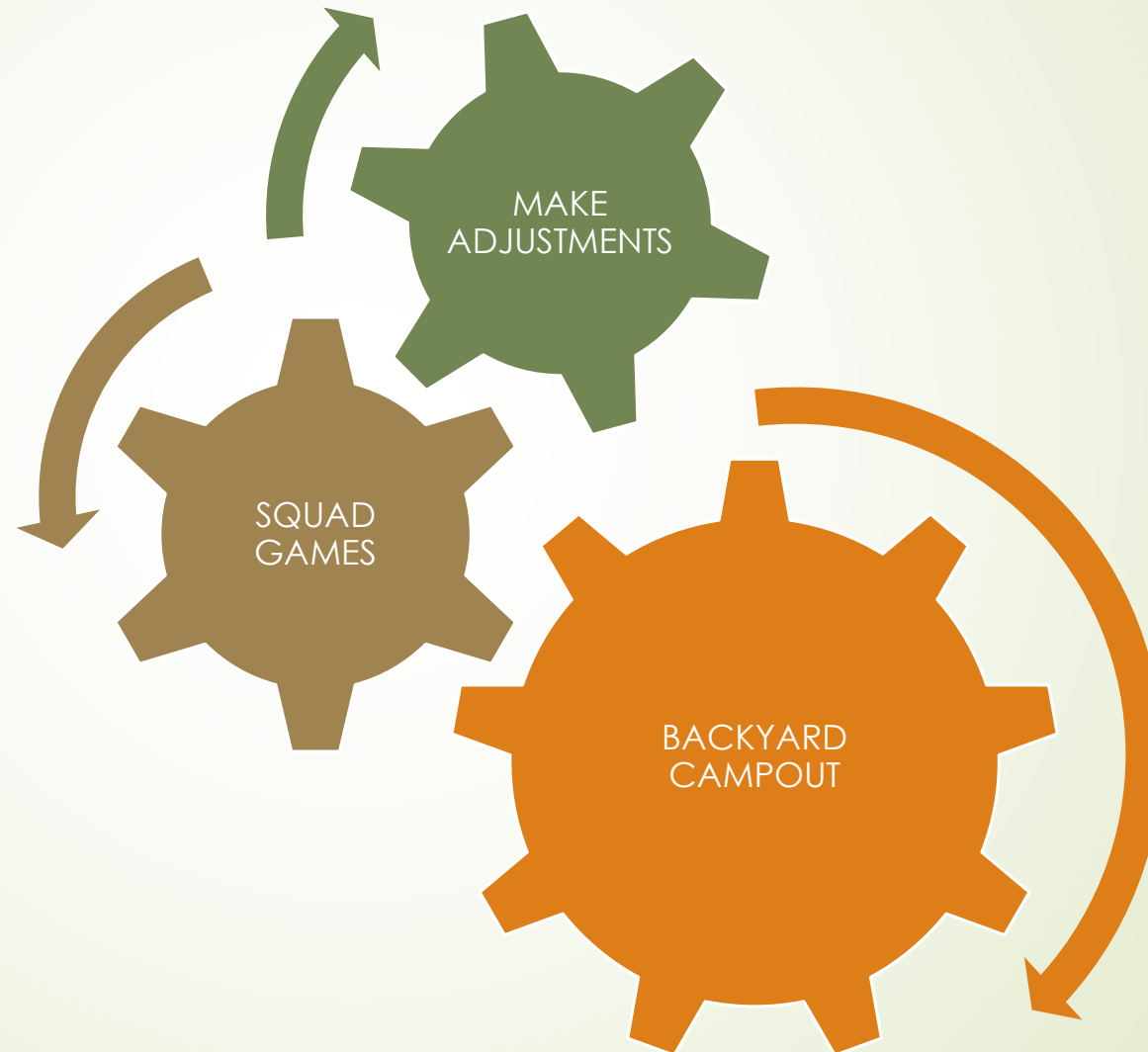
PREPARE

- Develop skills
 - Have food? Can you prepare it?
 - Can you build a shelter?
 - Can you start a fire?
 - Can you stay clean?
 - Can you remain healthy or treat disease and/or wounds?

PREPARE

- Skills = value.
- Discover your value; to yourself, to your squad, and to others that you may meet.
- What might be some examples of value?
- What you will use for SHTF commerce?
 - Supplies and skills are only of value if someone else thinks they are.

PRACTICE



PRACTICE

- Spirit
 - Don't just imagine your willingness to survive; practice it. Try living without electricity for an hour or a day.
- Supplies
 - Don't just imagine how you will get along without easy resources. Try not using any public water for an hour or a day.

PRACTICE

- Skills
 - Don't just imagine your abilities; use them. Go out into the wild (legally) and make a shelter without any of your own parts or power tools.
- Squad
 - Challenge your squad to do any of these exercises in a team setting.

PRACTICE

- Hit the road Jack.
- Take an overnight or weekend field trip with your squad to exercise your skills.
 - Create a crisis scenario.
 - Bug out, and take a minimum of supplies.
 - Make a note of your failures so that you can take corrective actions.

PRACTICE

- Learn wilderness survival skills. It can actually be fun.
- You went to school to learn how to survive in society. Shouldn't you to go school to learn how to survive on the New Frontier?

EVALUATE

- If your practice falls apart, don't be discouraged; go back, make adjustments, and try again.
- Document your process and your problems; these will be the key to improvement.

NOW WHAT?



WHAT DO I NEED?

- Water
 - How much: drinking (1 gal./person/day), washing, sanitation
 - Access: where will it come from?
 - Transportation: how will you move it? (8 lbs/gal)
 - Storage: how will you store it?
 - Safety: dirt, germs, parasites

WHAT DO I NEED?

- Shelter
 - Where and for how long?
 - Dryness, warmth, concealment, defense, storage of supplies.
 - Build it before you need it.

WHAT DO I NEED?

- Food
 - How much and what kind?
 - Storage and preparation.
 - Nutrition and taste.
 - Buy it, grow it, find it.
 - Use menus to decide which kind of food to have and how much.

WHAT DO I NEED?

- Health
 - Medicines according to your risk scenarios.
 - Emergency first aid for all kinds in injuries.
 - Supplies, skills, mindset, references (hard copy)

WHAT DO I NEED?

- Protection
 - How will you defend against nature?
 - Predators, pests, irritants, poisons.
 - How will you defend against other people?
 - Non-preppers are going to come for your stuff.

WHAT DO I NEED?

- Tools
 - What will you need for personal care?
 - Hygiene
 - Eating, drinking, and cooking
 - Comfort and convenience
 - What will you need for making/doing?
 - Knife, saw, axe, hammer, etc.
 - Binding and tying

WHAT DO I NEED?

- Commerce
 - You may need to find a way to conduct commerce.
 - Will you use currency or barter?
 - Currency will have circumstantial value
 - Barter as an exchange of goods
 - Barter as an exchange of services for goods

WHAT DO I NEED?

- Communication
 - How will you communicate with your squad?
 - Pre-arranged meeting locations.
 - What to do if separated.
 - Native communication skills.
 - Emergency radio to keep up with situations.

WHAT DO I NEED?

- Navigation
 - How will you find your way?
 - No Google maps!
 - Maps specific to your plans and a way to protect them.
 - Compass.
 - This is a valuable skill for those capable.

WHAT DO I NEED?

- Transportation
 - Where are you going and how will you get there?
 - How will you transport your supplies?
 - What about the rest of the squad?

WHAT DO I NEED?

- Energy
 - What sources of energy will you really need?
 - Batteries, rechargeable devices, wind-up generators, solar generators.

GET READY

- Here is where you convert your plan to actual products and processes.
- Use your lists to begin to gather your supplies and prepare your skills.
- Carefully begin to assemble your squad.

GET SET

- Get your s*** together.
- Convert resource materials to hard copy.
- Monitor and rotate your inventory. Gather what you like, and like what you gather.
- Test your skills and equipment regularly.
- Remember that two is one and one is none.

GET SET

- Develop an alternative solution to each problem.
- Learn how to live as the natives lived: with nature instead of opposing it.
- Get connected to resources to increase your knowledge and skills.

FANTASTIC FORAGERS



Fantastic Foragers

- Was created to aid in learning;
 - Wilderness skills,
 - Plant identification for food and medicine,
 - Preparation of collected materials into useful forms, and
 - Preservation of materials for long-term storage.

FANTASTIC FORAGERS

- Fantastic Foragers is currently a free-to-join group that consists of email newsletters, detailed information sheets, and telegram posts.
- When feasible, will be field trips and classroom sessions. Will be used to augment learning.

WHAT'S NEXT

- If you are a newbie to “prepping”, or would like more details about particular supplies or skills, you can contact Geoffrey at;
 - Mobile: 216.272.6291
 - Email: ff@westlake912.com or gr465@westlake912.net
- Geoffrey is also available for more detailed topical presentations.