



# ARE YOU PREPARED?

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# THE NEW FRONTIER

- We are standing at the edge of a New Frontier; one in which the strong and the faithful will reap the rewards of their independence\*, while the “sheeple” will exist (if allowed) under the oppressive thumb of the “anoointed ones”.

\* See “The Sovereign Individual is the key to a free society”.

# THE NEW FRONTIER

- The “anointed ones” hate everybody but themselves, and only tolerate our existence as long as it feeds their egos and their wallets.
- The New Frontier is not as much a geographical frontier as it is a socio-political frontier.

# THE NEW FRONTIER

- The New Frontier requires the strength, determination, and resilience of the Pioneer.
- Not everyone will be ready for the New Frontier.
- The only way to resist the tyranny of the “anoointed ones” is to be strong, stand strong, and say no!

# PREPARED!

# HUH?

- Prepared?
- Prepared for what?
- What exactly does that mean?
- How do I do that?

# WHAT IS “PREPARED”?

- Acknowledging and accepting uncertainty.
  - The only certainty is uncertainty.
- Understanding risk.
  - Probability of occurrence.
  - Severity of situation.
  - Prevention / mitigation.

# WHAT IS “PREPARED”?

- Becoming self-sufficient
  - Self-sufficiency creates strength and a sense of independence (self-sovereignty).
- Anticipating the unforeseen (SHTF)
  - Short-term foreknowledge
  - Immediate and unexpected



# PREPARED FOR WHAT?

- Short-term interruptions of normalcy
- Longer-term interruptions of normalcy
- Environmental disasters
- Socio-political unrest and/or collapse
- Economic collapse
- War
- Apocalypse



# WHAT EXACTLY DOES IT MEAN?

- Developing a mindset that unforeseen events could take place that would interrupt your normal lifestyle.
- Accepting, assessing, and planning for risk scenarios that are appropriate for your personal circumstance.

# HOW DO I DO THAT?

- **Accept**
  - Acknowledge that an emergency is possible
- **Plan**
  - Determine how you should respond
- **Prepare**
  - Collect supplies and develop skills
- **Practice**
  - Conduct test runs of your plan

# THE FOUR “S” APPROACH

- Spirit
- Supplies
- Skills
- Squad

# ACCEPTANCE “4-S”

- Spirit
  - You must have your head and your heart firmly established in the process.
  - Faith is necessary.
- Supplies
  - You should think about what you would need to survive without outside resources.
  - You should think about what if your supplies run out. (2 is 1 and 1 is none)

# ACCEPTANCE “4-S”

- Skills
  - You must identify the skills you will need to use.
  - You need to become a valuable commodity.
- Squad
  - You must develop a “squad” of allies that will be assets, not liabilities.

# TAKE ACTION - ACCEPT

- Acceptance is more than just acknowledging.
- You must create a mindset and reinforce it.
- You must be willing to defend your decision.
- You must internalize it and make it part of your life.
- You must begin to take action.

# WHAT COULD GO WRONG?

- Socio-political collapse and ensuing anarchy.
- Financial collapse and loss of accumulated value.
- Supply collapse and unavailability of basic goods.
- Infrastructure collapse and lack of basic utilities.



# RISK ASSESSMENT

- Your personal risk assessment: for an imaginary emergency scenario...
  - Probability of occurrence: assign a value from 1 (low) to 10 (high).
  - Severity: assign a value from 1 (low) to 10 (high)
  - Mitigation: assign a value from 1 (high) to 10 (low)

# RISK ASSESSMENT

- Calculate your personal risk priority number.
  - Multiply your probability, severity, and mitigation scores together to get your risk priority number (RPN).
  - Compare the RPN values of different emergency scenarios to get a sense of how you should develop your preparedness plan.
  - Use the RPN to reinforce your acceptance.

# PLANNING “4-S”

- Spirit
  - You need to feel comfortable with your risk scenario. Play mental challenge games.
  - Strengthen your will and your faith and reliance on God.
- Supplies
  - Build your supply list and develop it with what you learn from your scenario challenge games.

# PLANNING “4-S”

- Skills
  - Learn how to do things on your own.
  - Use your scenario games to make a list of what you need to learn and what tools you need.
- Squad
  - Your team is your “family”. Who else would be helpful? No parasites.
  - Communication, navigation, transportation.

# TAKE ACTION - PLAN

- Planning is the foundation for preparation.
- Create your scenarios and envision what they would be like. Make it scary-real.
- Make an event timeline and an impact list.
- Make a list of what you will need for your team (including animals).

# TAKE ACTION - PLAN

- Determine the various approaches to preparedness:
  - Shelter in place
  - Bug out short term
  - Bug out long term
  - Move to secure location

# WHAT DO I NEED?

- Water
  - How much: drinking (1 gal./person/day), washing, sanitation
  - Access, transportation, storage, safety
- Shelter
  - Where and for how long
  - Dryness, warmth, concealment, defense, storage of supplies



# WHAT DO I NEED?

- Food
  - How much and what kind
  - Storage, preparation, nutrition
- Health
  - Medicines, emergency first aid
  - Supplies, skills, mindset, references (hard copy)

# WHAT DO I NEED?

- Protection
  - How will you defend against nature
  - How will you defend against other people
- Tools
  - What will you need for personal care (laundry, hygiene, ...)
  - What will you need for making/doing (cutting, binding, ...)

# WHAT DO I NEED?

- Commerce
  - You may need to find a way to conduct commerce.
  - Will you use currency or barter?
    - Currency will have circumstantial value
    - Barter as an exchange of goods
    - Barter as an exchange of services for goods

# GET READY

- Here is where you convert your plan to actual products and processes.
- Use your lists to begin to gather your supplies and prepare your skills.
- Carefully begin to assemble your squad.

# PREPARING “4-S”

- Spirit
  - Keep your process at the front of your mind: think, “how would I do this without...”
- Supplies
  - Keep an actual inventory of your supplies, with start dates or expiration dates. Keep it private.

# PREPARING “4-S”

- Skills
  - Learn needed emergency skills, and then practice them.
- Squad
  - Build your squad. Talk about being prepared. Find useful supporting resources and share them.

# GET SET

- Get your s\*\*\* together.
- Convert resource materials to hard copy.
- Monitor and rotate your inventory. Gather what you like, and like what you gather.
- Test your skills and equipment regularly.
- Remember that two is one and one is none.



# GET SET

- Develop an alternative solution to each problem.
- Learn how to live as the natives lived: with nature instead of opposing it.
- Get connected to resources to increase your knowledge and skills.

# PRACTICING “4-S”

- Spirit
  - Don't just imagine your willingness to survive; practice it. Try living without electricity for an hour or a day.
- Supplies
  - Don't just imagine how you will get along without easy resources. Try not using any public water for an hour or a day.

# PRACTICING “4-S”

- Skills
  - Don't just imagine your abilities; use them. Go out into the wild (legally) and make a shelter without any of your own parts or power tools.
- Squad
  - Challenge your squad to do any of these exercises in a team setting.

# GO

- Hit the road Jack.
- Take an overnight or weekend field trip with your squad to exercise your skills.
  - Create a crisis scenario.
  - Bug out, and take a minimum of supplies.
  - Make a note of your failures so that you can take corrective actions.

# GO

- Learn wilderness survival skills. It can actually be fun.
- You went to school to learn how to survive in society. Shouldn't you to go school to learn how to survive on the New Frontier?

# FANTASTIC FORAGERS



- Was created to aid in learning;
  - Wilderness skills,
  - Plant identification for food and medicine,
  - Preparation of collected materials into useful forms, and
  - Preservation of materials for long-term storage.

# FANTASTIC FORAGERS

- *Fantastic Foragers* is currently a free-to-join\* group that consists of email newsletters, detailed information sheets, and telegram posts.
  - Eventually will be a paid membership.
- Beginning in the spring, there will be field trips and classroom sessions.
- Pick up a card to get connected.



# WHAT'S NEXT

- If you are a newbie to “prepping”, or would like more details about particular supplies or skills, you can contact Geoffrey at;
  - Mobile: 216.272.629
  - Email: [ff@westlake912.com](mailto:ff@westlake912.com) or [Geoff@causemark.us](mailto:Geoff@causemark.us).
- Geoffrey is also available for more detailed topical presentations.